

Gut Health at a Glance

A TAKE-HOME FRIDGE GUIDE FOR PET OWNERS

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Your Pet's Gut Co-Factor Fridge Guide

**IF THE STOMACH IS OVERACTIVE (VOMITING, NAUSEA,
REFLUX)**

- Zymex® II (dogs) or Multizyme® (cats): natural almond-based support to calm excess acid
- Feed smaller, more frequent meals with fresh whole foods
- Avoid kibble: enzymatically dead and requires the stomach to work harder

IF YOUR PET HAS IBS OR B12 DEFICIENCY

- Trace Minerals-B12™: contains intrinsic factor so B12 can actually absorb
- Cataplex® B12: pairs with Trace Minerals-B12™ for full B12 utilization
- B12 alone will not work without stomach parenchyma (intrinsic factor)

IF YOUR PET EATS GRASS REGULARLY

- They are asking for chlorophyll or magnesium (or both)
- Chlorophyll Complex™: GI and blood cleanser, K2 source
- E-Z Mg™: magnesium for energy, nerves, muscles, heart, and sleep

GENERAL GUT HEALTH PRINCIPLES

- Fresh foods have living frequency; kibble does not
- Fermented foods (yogurt, kefir) support gut flora naturally
- Chiropractic care supports the nervous system that runs digestion

